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## PTSD Awareness Rides with 1S1D1T Summer 2017 Soldier/Support Dog Team Fundraising Campaign

1 Soldier 1 Dog 1 Team (1S1D1T) founder, Timothy Duffy, 58, New Jersey, is a FDNY retired firefighter, 9/11 first responder & survivor, Navy vet and noted dog trainer. Duffy will be riding cross country to raise awareness for PTSD and raise funds for 1S1D1T on his 2000 Harley-Davidson Super Glide Sport, the same motorcycle he rode on his way to the Twin Towers in the internationally famous photo captured on September 11, 2001.



## 22 US Veterans Commit Suicide Every. Day.

Veteran's Administration study in USA Today  
(1/22/17 site, USA TODAY, Gregg Zoroya, 2/1/13)

1 Soldier 1 Dog 1 Team Founder Timothy Duffy began focusing on building his organization on Post Traumatic Stress Disorder (PTSD) education, awareness and incorporating support canines rescued from shelters several years ago. He has combined his knowledge, education and passion for helping humans and shelter dogs, dedicating his life to creating teams serving one another, giving them both a chance at a greater quality of life.

**Now, there is a shift in the medical and psychological communities that PTSD is being considered an illness instead of a Disorder.** The effect of Post Traumatic Stress is being recognized not only with veterans returning from combat zones and first responders serving in the thin blue line. Duffy's vision of 1S1D1T is to serve soldiers and survivors from all branches of military and first responder nationwide. Duffy and his team are reaching out to these people, training shelter dogs to help build the team – saving soldiers and shelter dogs, one team at a time.

### TO DONATE:

Go Fund Me Page: <https://www.gofundme.com/duffys-ride-for-ptsd-1s1d1t>

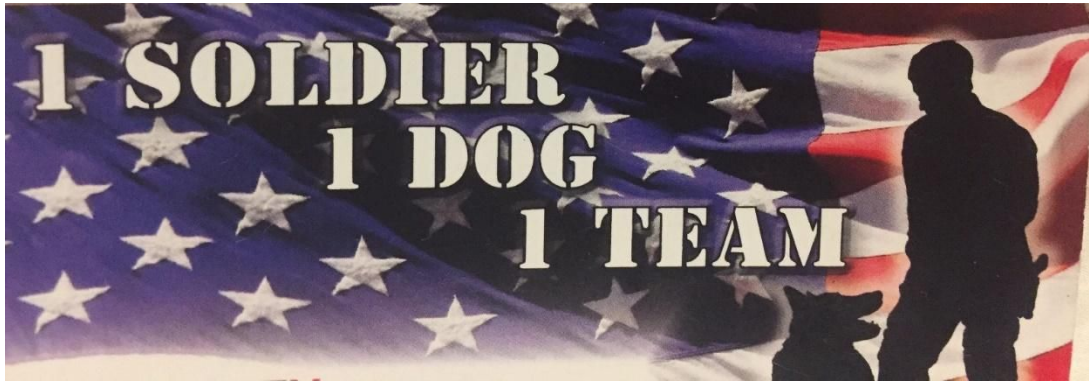
Or mail a check to:

1 Soldier 1 Dog 1 Team

PO Box 563 Manapalan, NJ 07726

[jenny@1soldier1dog1team.org](mailto:jenny@1soldier1dog1team.org)

314-496-8662



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## Event timeline:

### June 15 – October 28, 2017

The Ride began in Manapalan, NJ and travelled to Lynchburg, Virginia then to Columbia, South Carolina. Additional stops this summer and fall include Milwaukee, Phoenix, Northern California, Memphis including a ride from Washington DC finishing at O'Hara's Pub near Ground Zero in New York.



Tim served as a firefighter for 9 years with FDNY. He rode this same motorcycle in his full turnout gear toward the chaos on the fateful day 9/11, saving the lives of several victims from the Twin Towers.

Tim will be stopping to meet with veterans, first responders, motorcyclists, animal rescue and shelter organizations and business leaders to build awareness about PTSD and about the organization 1 Soldier 1 Dog 1 Team. Duffy will be sharing what Team 1S1D1T does for veterans and first responders living with PTSD and the rescue dogs as a team and also creating a nationwide support organization for individuals and organizations

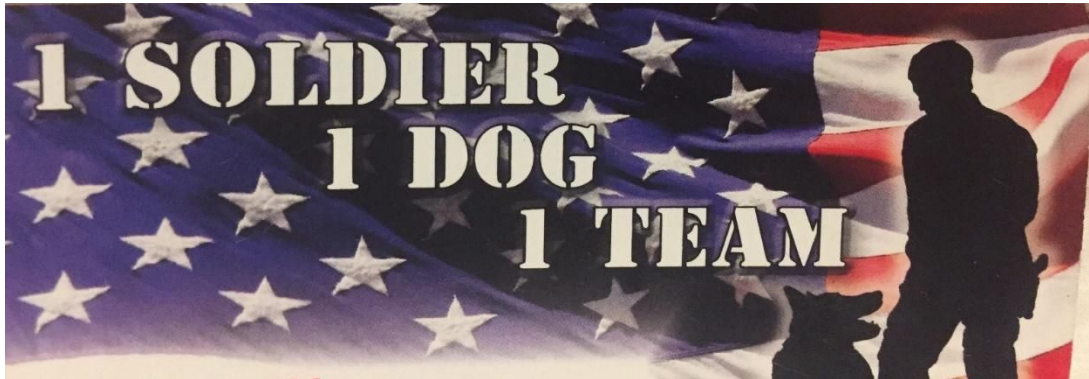
who are also helping.

### ***Want to Ride With Us?***

### ***Want to Donate or Sponsor or Ride?***

Please like our Facebook Page "1 Soldier 1 Dog 1 Team" to sign up for events and to stay tuned to Tim's progress across the country!

**Contact 1 Soldier 1 Dog 1 Team 501c3 Charitable Organization:  
jenny@1soldier1dog1team.org**



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## Timothy Duffy, 1 Soldier 1 Dog 1 Team Chairman/Founder

1 Soldier 1 Dog 1 Team began as the passion of one man, Timothy Duffy, who believes our greatest work is in serving others. Tim Duffy is one of the great few who is a “run toward the chaos” hero. A moment showing his strength, courage and heroism was captured by a photographer in eerie stillness of Manhattan the fateful



morning of 9/11/2001. Tim ran toward the chaos on his day off work, riding his 2000 Harley Davidson Super Glide Sport to get through to do what he was trained to do – save lives. He boldly joined the band of heroes who ran toward the chaos, helping those attempting to escape from the buildings. Tim was caught in the collapse of the North Tower, freed himself after being partially buried and continued to help fellow firefighters and citizens to safety. Like so many others, the events of that fateful day caught up to Tim and his health resulting in being forced early retirement a few years later.

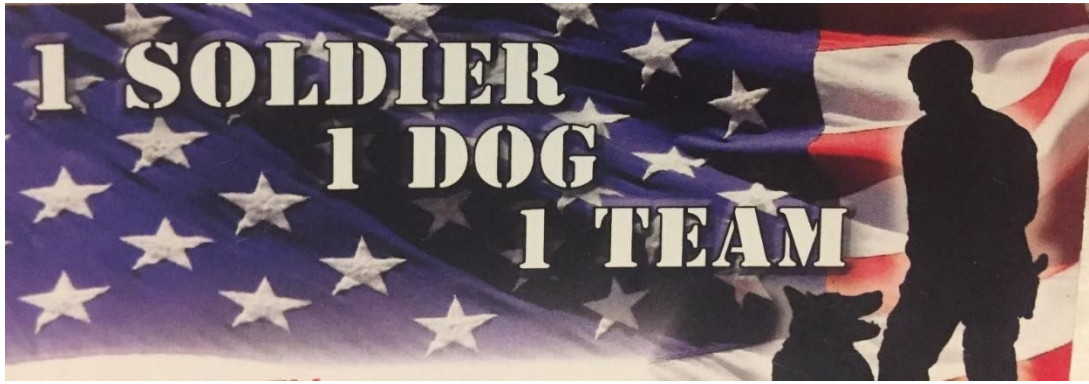
He has donated much of his time since retiring to training support canines and supporting families of the fallen as well as those struggling through life in the aftermath.

### Duffy the Trainer

Duffy’s official companion and support training began in 1980s with a pit bull named Norton as a therapy dog sharing time with seniors. Since, he has worked with dozens of dogs and found these canines are acutely aware of symptoms and signals ranging from the onset of seizures to early detection of flashbacks, physical challenges and other health issues including diabetic sugar extremes, depression and sadness. Duffy is a well-respected dog trainer and philanthropist, including starting up an organization and serving on the Board of Directors. One example is the Staten Island Rodeo Association, which developed into the Staten Island Recreation Association, an organization he helped get started to raise money for equine therapy for children with autism.

Duffy, 58, serves as Chairman and CEO of 1 Soldier 1 Dog 1 Team as a **non-compensated volunteer**. Duffy is married, a father of four, and resides in Manalapan, New Jersey.

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## 1 Soldier 1 Dog 1 Team: Team Building Plan

1 Soldier 1 Dog 1 Team is a 501(c) charitable organization based in Manalapan, New Jersey which serves veterans and emergency responders nationwide. 1S1D1T incorporates team building, training and support for the individuals we serve in two ways. First priority is partnering a trainer with the soldier, taking dozens of factors into consideration on canine companion. The soldier and dog are trained together at Duffy Farm and partner locations nationwide, along with medical and psychological attention, for the team to be bonded as a successful unit. Then the team together returns to the soldier's home, habits and normal routines with careful attention to the team's adjustment and success with regular follow-up from 1S1D1T.

Second, 1S1D1T is creating a nationwide umbrella network of shelters and companion and support training groups to bring attention and a variety of support tools to local organizations. This includes a national convention for trainers to further education and opportunities, a national network of assisting locating support dogs and grants for these organizations from 1S1D1T to support their local efforts.

**1S1D1T is committed to 100% of donations and sales raised on the Ride Across America for PTSD and 1S1D1T will be used directly for veterans and dog teams. 1S1D1T is also committed to a Program Service percentage of *90% or better*. 1S1D1T is committed to our donors as part of our team. We are the teams we create, bond and support.**

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